



Horse
sense

August, 2002

Rider Applications and Session 1 Fees - Due September 7th
Volunteer Call-In by September 14th to confirm participation
Volunteer Training - Week of September 15th - call for information
Session 1 Classes will begin the week of September 22nd

JACKET or SWEATSHIRT ORDERS by October 4th - \$40.00
Adult Sizes - Purple Jacket or Hooded Sweatshirt
Child Sizes - Purple Sweatshirt or Red, Navy, Black, White, or Royal Jackets

2002 AWARDS

Congratulations to our 2002 Award Recipients

Junior Rider	Eric Ostrander
Senior Rider	Stacy Burton
Volunteer	Laura Wolfe
The Stable Influencer	Nyra Vasquez

SPECIAL THANKS

Thank you to Chris and Ed Ratcliff, without whose assistance and kind generosity, our mailings would not be possible. Thank you both for all your help.

Thank you Michele Carrero, Central Arizona Riding Academy, Bill and Debbie Creighton, Chris and Craig Hudson, Logan's PTL Training, Stacie Stewart Stables, and We Equis for lending us their horses and facilities this past year.

September Sign-up for Riders

To be included on our roster for Session 1 Classes, a complete Rider Package and payment of Session 1 Fees of \$150 must be in our office by September 7th. Only riders whose Rider Packages are **completely filled in**, appropriately signed and in our office by September 7th, will be put on our September roster to begin riding the week of September 22nd.

Paperwork includes Medical Consent - signed by Physician, General Info, Liability Release, Photo Release and Emergency Release.

Rider Packages were given out in May and June. Please call if you need a rider package.

Riders whose packages were dated April 1 or later will not need to renew their paperwork - however, their reservation sheet and payment must be in our office by September 7th to be included on our Session 1 Roster.

Meet your Board

Our Board of Directors was re-elected at the Annual Meeting in June and is as follows.

President - Chris Hudson - Chris has been involved in Therapeutic Horseback Riding since the late 1970's and began Stable Influence in August of 1998.

Vice President - Nyra Vasquez - Nyra is the parent of one of our riders, Freddie. She has been in the background supporting therapeutic riding for many years.

Secretary/Treasurer - Craig Hudson - Craig has been involved in Therapeutic Horseback Riding since 1987 and has been instrumental in guiding and assisting all aspects of our Center.

FUNDRAISING CORNER

In our continuing search for funding the following opportunities are available for everyone to take advantage of and support Stable Influence Charity Programs at the same time. Please look over these options and help us keep the quality of our program as excellent as it is. Chair a new fund raising event - dinner/dance, ride-a-thon, golf tournament ???

iGive.Com

Do you shop on line? Here's a way you can shop AND help us out. iGive.com - is an on-line shopping mall. Merchants have agreed to give a percentage of everything that is purchased on-line to designated charities. If you like the convenience of shopping from your home, check out iGive.com and sign up to support Stable Influence every time you make an on-line purchase. Stores include: J.C. Penney, PetsMart, Old Navy, Barns & Noble, Toys R Us, Amazon.com - and many, many more. Log on at:

<http://www.iGive.com/html/refer.cfm?memberid=236967&causeid=17372>

and start giving while you shop.

United Way Campaign is approaching. We are OFFICIALLY on the Designated Giving list. List Stable Influence as your choice for donations. United Way sends us your entire donation. Designate at Mesa United Way (STAB) - Valley of the Sun United Way (5687), Stable Influence Charity Programs for other United Way groups.

Albertsons Community Partners Program - continues to donate quarterly. Shop at Albertson's grocery stores, have the clerk swipe our card. Albertson's gives us a percentage of your purchase. Spread the word, get additional cards, from your instructor - we can pass out as many as needed. **Albertsons Community Partners Program works all over the country.** Our Partners include people in all parts of the country. Send a card to your family and friends out of town and they can help us whenever they shop. Contributions from Albertson's last year was \$1049 - thank you Albertson's shoppers.

Arizona Federal Credit Union Community Partners - for members of the Credit Union who volunteer their time or support a volunteer (spouse and family qualify), the Credit Union gives us \$50 for each person who donates 25 hours of volunteer time.

Bashas' Community Partners Program - The next time you shop, give your checkout clerk our 5 digit number (available in September) when you have your Bashas' card swiped, Bashas' donates a portion of your purchase to us.

WELLNESS RIDES

Many people have participated in Wellness Rides this past year. If you would like to "get the kinks out", give Chris a call at 623-465-0637 and schedule an appointment. You'll be glad you did.

JACKETS AND SWEATSHIRTS

Have you seen our new Jackets, do you want your own ?? Place your order by October 4th with Chris and your jacket or sweatshirt will be ordered for only \$40. On the front is the stitched SICP Logo and your name, on the back our logo is screen printed. Adult jackets and hooded sweatshirts are in purple, child's hooded sweatshirts are in purple and child's jackets - hopefully will be available in purple - we'll know in September. Order your's today by calling Chris at 623-465-0637. Provide name you want, if any, on front and size.

2001 - 2002 DONORS - Thank you for all your Support

Over \$5,000

Monty and Pat Roberts, Inc.

\$1,000 to \$4,999

Albertsons Community Partners
Arizona Federal Credit Union Community Partners
Bell Road Mazda
Knights of Columbus Council #10832

\$500 to \$999

Boeing Employees Community Fund
Central Arizona Riding Academy
Stacey Elizondo
Valley of the Sun United Way
Douglas and Diana Watkins

\$100 to \$499

Knights of Columbus Council #7159	Human Services Professionals
Catholic Community of the Good Shepherd	Mesa United Way
Charles Schwab Corporation Foundation	Austin and Mary Motts
Christ the Lord Lutheran Church	Physical Mobility Restoration
Cosmic Bowlers	Dan and Delores Smith
Vance and Pat Clarke	Nyra Vasquez
Design Security, Inc.	Mayo and Ed Voss
Chris and Craig Hudson	Paul and Noreen Youngmark

All Others

Barry Goldwater High School	In Memory of Roy Neil
Marilyn DeCelle	Maureen and Gary Stevenson
Faith Mueller	Shirley Weisenberger

2002 Horse Show Sponsors

Mona Boewe	Jim and Shay Givans
Boulder Mountain Physical Therapy Specialists	Charlotte Hargreaves, E.A.
In Memory of Charles Hiram Cate	Kate Lehman
Vance and Pasqualina Clarke	Karen Mathieu
Carlos O'Brien's Mexican Food Restaurant	The Miller Family
Barb Colby	Law Office of Lisa Posada
In Memory of Sidney Cousins	To Honor the Riders
D & D Associates	J. Jae Russell
The Favors Family	Law Office of Spencer, Hubbard & Glitsos
Beth Givans	Nyra Vasquez

And Those Who Wish to Remain Anonymous

STATE OF THE STABLE

As we close the books on our fourth year, we look back on our work with past and new riders and volunteers, new horses, new locations and take stock of the State of Stable Influence Charity Programs.

In May we had 60 half-hour riding lessons scheduled each week in 5 locations. FY01 ride schedule allowed for 2005 half-hour riding lessons - up from 1297 last year. We actually served 1559 rider-lessons, 235 rider lessons were paid no-shows; 113 lessons were no show/no pay. 110 half-hour lessons were lost due to weather or other uncontrollable situation, which was up a bit from last year.

Highlights for this year: CARA Harvest and Champagne Horse Show Concession Stands. Fifty volunteers came out to help at the Monty Roberts Join-Up Demo in January. About 50 bowlers at Cosmic Bowling. Our third Annual Horse Show in April had 6 of our riders in competition and 9 riders from Dream Catchers Equestrians.

Staffing remained steady with Chris Hudson as the Head Riding Instructor and Executive Director, and Julie Givans is our Part-Time Instructor in Chandler. Denise Sladek, PT, worked with 26 students in 4 locations. Jessica Erts is in the process of getting her NARHA Instructor Certification and we hope she will be "official" for September classes. Unfortunately, due to ASU obligations, Julie will not be teaching this next year. We wish her luck and hope she visits when she can.

125 volunteers helped us in FY01 with about 50 helping out each week. These volunteers gave 6,509 hours of time this year with a 4-year total of 18,931.75. Our horses gave 602.75 hours of service this year. THANK YOU ALL.

Horses are borrowed in 2 locations and we board at a 3rd. We purchased a horse from the US Army in February. Shorty was in the re-enactment B Troop at Fort Huachuca and has been accepted into our program. After 6 weeks of training in New River, he is boarded in Chandler. Shorty is a chestnut grade gelding about 19 years old.

FY 2001 fees remained at \$25/half hour with a prepayment discount of 20%. Three riders received full sponsorships and 4 received half sponsorship. Our cost per rider was \$35 per half hour. To make up the difference between the \$20/25 received by riders and our actual cost to provide service we fund raise as much as we can. I anticipate the cost per rider to increase to \$40 in FY 2002 as I expect increases in gasoline costs, the additional cost this year to board Shorty in Chandler and increased costs to board our horses in New River.

Therefore, beginning September 7th Session fees will be \$150 in advance for a 6-week session of weekly 30-minute rides. There will be a \$5.00 additional fee for riders who wish to pay weekly. This is the first increase in rider fees I have seen since beginning therapeutic riding in 1987.

I am asking everyone to help. We all must do everything we can to raise funds so we can keep fees to our riders as low as possible. The Program needs your help to find and coordinate additional fund raising projects and grant monies to meet expenses. I am calling on everyone: riders, parents, friends, volunteers and companies we work with to assist in locating and coordinating fund raising opportunities such as dinner/dances, ride-a-thon, golf tournaments, to name a few. Funding to support riders, horses, insurance, etc. as well as writing grants to help us continue to provide our services.

Ask ask your employer and companies you work with about grants, employee groups or community support funding. Companies often will assist groups their employees are involved in and with your assistance we can get in that door. Many companies are looking to help out groups their employees and clients are associated with and ONLY NEED TO BE ASKED.

I want to thank Rhonda Montalvo, Nyra Vasquez, Jim Cole and Gene Tafoya for their help in fund raising. Also we wish to thank Austin Motts and Shirley Weisenberger for matching contribution from Charles Schwab Corporate and the folks at Boeing as well for their donation. Community Partners programs offered additional funding from Albertsons Community Partners and Arizona Federal Credit Union Community Partners. We have secured "designated gifting" status with Valley of the Sun United Way and Mesa United Way. AND thank you to the Watkins Family for supporting Calico.

Two Grants were written: Nina Mason Pulliam Charitable Foundation and UPS Logistics Group. Unfortunately, both grants were declined this year, but they both asked that we ask again - and we will. Anyone out there who is good at writing grants and would like to help, give me a call.

We continue to be listed in the Volunteer Match web site and in addition to soliciting volunteers, many people across the country are participating in the Albertsons program. If you need any additional Albertson's cards, please give us a call or drop us a line and we'll get more out to you. Volunteers are solicited from our AZ Family.com web site and by word of mouth.

Fund Raising and Program Fee incomes were above estimates. Grant writing was below estimates unless (until ?) the Grant from UPS Logistics comes in. There are no outstanding bills. As we increase our locations we will need to fund an additional instructor and will need to purchase additional saddles and bareback pads, however most of the necessary equipment has been acquired. A large dressage saddle will be purchased this next year.

Volunteers - I certainly want to give a deep heart-felt THANK YOU to all our volunteers, without whose dedicated help we could not do our program. Your consistent participation gives our program its high quality.

Fundraising Projects you can help with - just so you know - include: insurance - \$1500 a year, annual NARHA Membership - \$500, continuing education for our instructors - \$2,000 each year, our 4 horses require boarding feed and hoof trimming - 3 at \$1500 a year each in New River and 1 at \$4,200 per year in Chandler, our instructors draw small salaries for their time and we would like to add Jessica to our instructor list when she becomes a certified NARHA instructor, there are costs for gasoline, office supplies, postage and phone as you all know. This year we are putting together a new brochure - anyone who has color printing ability and would be able to assist in the printing of this brochure - please call.

Thank You Julie

Julie Givans - our instructor in Chandler - is being buried with her full time job at ASU and will not be able to teach for us this next year. We want to thank Julie for her time and dedication and hope her schedule allows her to come and play with us on occasion. Julie - Don't be a stranger - see you around the ranch !!!!

Volunteering is Good For Your Health!

A study conducted at the University of Michigan Research Center and published in the March 1998 Issue of American Health found that volunteering, more than any other activity, dramatically increases life expectancy. According to the center:

- * Men who volunteered at least once a week over the course of the study lived two-and-one-half times longer than men who did not volunteer.
- * Participants with heart problems who volunteered had reduced cholesterol levels and chest pains.
- * The study also concluded that "volunteering is a way of connecting with people, and those with many social contacts tend to live longer than those who are more isolated regardless of race, income, and level of activity."

Meet our Horse Therapists

Bint Allah (SICP) - a 17 year old Arabian Mare. Tallah joined Stable Influence in June of 1999. Tallah when worked regularly, has a wonderful mind and works nicely with our riders. Her small (only 14 hands) is a bonus for our smaller riders.

Calico (SICP) - a 19 year old Paint Mare. Calico joined our program in February 2001 and has been helping in all aspects of our program. Her smaller height make her a favorite for Denise. The kids really enjoy Calico's wonderful little trot.

Shorty (SICP) - a 19 year old grade gelding. Shorty joined Stable Influence in February of 2002. He was with the US Army B Troop re-enactment group. He is short, which many like and has a wonderful disposition

Yea Gray (SICP) - a 22 year old Thoroughbred Gelding. Gray is our tallest horse at almost 16 hands. He is our main back riding horse in New River and Cave Creek. He is considerate and patient while our students learn balance and how to throw ropes over his head and balls to volunteers and therapists.

Bobo - a 20 year old Arabian Gelding. Bobo has been working with our riders in Chandler for many years. He also teaches the CARA kids how to jump.

Favy - a 26 year old Lippizan/Thoroughbred/Quarterhorse Gelding has also worked with our riders in Chandler. He is trained to a very high degree in dressage and is a wonderful horse for back riding.

Margarita - a 30 year old Quarterhorse Mare, now helps our Chandler riders. Margarita's nice slow trot and small size, is wonderful for our little riders getting more independent.

Taffy - a Thoroughbred mare at CARA is so old we don't even ask how old. She has been helping us since January and her narrow body and slower gait allows our very tight riders more time to stretch and accommodate to movement changes.

T.I.M. - a 15 year old Arabian cross Pinto Gelding owned by Michele Carrero, helps us in W Phoenix. T.I.M. has been trained to be responsive and considerate of our riders. He is a great one for riders beginning to go "solo".

2001 - 2002 Ride Day Schedule

Chandler -	Monday - Volunteers 3:00 PM - Riders 4:00 PM to 7:00 PM
	Thursday - Volunteers 3:00 PM - Riders 4:00 PM to 7:00 PM
West Phoenix -	Tuesday - Volunteers 8:00 AM - Riders 8:30 AM to 10:15 AM
Cave Creek -	Tuesday - Volunteers 3:00 PM - Riders 4:00 PM to 8:00 PM
Peoria -	Wednesday - Volunteers 1:30 PM Riders 2:30 PM to 8:00 PM
New River -	Friday - Volunteers 3:00 PM - Riders 4:00 PM to 7:00 PM

Volunteers - Please call to schedule your volunteer time: Chris Hudson - 623-465-0637

REMEMBER - Rider Applications and payment is due September 7th

JACKET OR SWEATSHIRT ORDERS - payment is due October 4th

Mark Your Calendar - 2000 to 2001

***** Volunteers - Please Call to Schedule your Days *****

September 7 -	Rider Paperwork and Fees Due
September 14 -	Volunteers Call-In
September 14 -	Volunteer Training - Cave Creek - Peoria - New River - Maybe - Call
September 16 -	Volunteer Training - Chandler - Maybe - Call
September 22 -	Session 1 Classes Begin
October 4 -	Jacket and Sweatshirt Order/Payment Due
October -18-20	CARA Harvest Horse Show Concession - Need Helpers
November 3-9	Session 1 Break - No Classes
November 10 -	Session 2 Begins
November 28 -	Thanksgiving Day - No Thursday Class - Friday ???
December 22-	Session 2 Break - Merry Christmas - No Class until January 5
January 5 -	Session 3 Classes Begin
???January 25	Cosmic Bowling
February	Grand Canyon Games Concession Stand
March -	CARA Spring Fling Concession Stand - 2 Weekends ???

Yes, I want to Help Stable Influence

Helping in any way guarantees we will keep you informed about therapeutic riding events. Please help make that a little easier by supporting Stable Influence Charity Programs. We are a 501 (c)(3) non-profit corporation and all contributions are tax deductible.

Sponsorship:

_____	\$10 - Newsletter Sponsor
_____	\$25 - Friend of Stable Influence
_____	\$50 - Supporter of Stable Influence
_____	\$_____ A monthly pledge contribution
_____	\$1500 - Insurance Sponsor
_____	\$_____ Other Donation

Sponsor a Rider

_____	\$210 - Riding for a 6-Week Session
_____	\$1400 - Riding for a Year

Other:

_____	\$125 - Adopt a Horse for a Month
_____	\$1500 - Adopt a Horse for a Year

Send your payment to: Stable Influence Charity Programs, P. O. Box 54006, Phoenix, AZ 85078-4006

PROGRAM LOCATIONS -

Chandler: Central Arizona Riding Academy - 716 N. McQueen Road, 1/4 mile south of Ray Road

NE Phoenix/Scottsdale/Cave Creek: Stacie Stewart Stables, 1 Block north of Lone Mountain on Cave Creek Rd

West Phoenix: Logan's PTL Training - 3720 W. Yorkshire, 1/2 mile south of Loop 101

Peoria: We Equis, 78th Avenue, 1 block south of Deer Valley Road

New River: Stable Influence - Located near Shangra La Lane and New River Road, 7 miles north of Carefree Hwy

RIDER INFORMATION - for Scheduling or Paperwork - Chris at 623-465-0637

VOLUNTEER INFORMATION - Call to sign up for Fall Classes - Chris at 623-465-0637

STABLE INFLUENCE Charity Programs

P. O. Box 54006

Phoenix, AZ 85078-4006

Phone: 623-465-0637

E-Mail: StableInfl@aol.com